



Smita More: HK's Certified Ayurvedic Consultant, Yoga Practitioner and Energy Healer!

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Born in India and living in Hong Kong for over 25 years, Smita More is a certified Ayurvedic Consultant, Yoga practitioner and Energy healer.

Her journey for natural healing all started when she had a wound in her stomach that only naturopathy and finally Ayurveda could cure. It was after that in 2015 when her guru pushed her to pursue this as a career path to heal others as she had a gift. Thus, she decided to study Ayurvedic food, nutrition & lifestyle get herself certified from I-soul from Dr. Richaritha Gundlapalli (USA). In addition to this she also got certified in Energy Healing from Service Above Self, LLC From Nisha Chaturvedi at Huston Texas (U.S.A) and Intensive training in Ayurveda from Kerela Ayurveda Academy (India) Also training in yoga and children yoga and rejuvenation exercise.

Smita's education goes further than this as she has also done an intensive study in Ayurveda from Kerela Ayurveda Academy India in which she studied pathology herbology medicine, Ayurvedic massage, Ayurvedic cooking, children's diseases, Ayurveda diet, management of diseases, Ayurvedic skin care and Ayurvedic facials. She also combines it with Quatham healing which is a very powerful healing technique and together make's it a very powerful combination.

Smita offers at home healing and also healing via Skype. She has cured various individuals from children with skin issues to adults with kidney problems and depression to also cancer patient's endless diseases has been cured and has client's world-wide some of whom she has never met before.

She has healed people completely by putting new energy in their internal organs and getting their body in alignment. She also has psychic abilities and can go back to one's past life and see why they are suffering, their future and then shield's them so no negative energy can form and they strengthen their aura. In her first session she reads your energy and can distinguish where the problem has occurred. She will then recommend a food plan and natural medicines for you if need be.

All her channeling and medicine she recommends is from Kerela Ayurveda ltd and is all natural, not causing any harm to your body. If you have any issue or are looking to improve your health in a natural way, she's definitely the path to go down.

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