



Smita More:

*Certified Energy Healer,
Ayurvedic Consultant and
Yoga Practitioner*



SMITA MORE

She was born in India and got married to a Marwari Diamond Merchant from Hong Kong. She was helping her husband with managing his accounts and office work. But as the children were growing up, she took a break and in that she got inclined to doing yoga. During that time, she got sick with her stomach very seriously and she went all over the world but only when she started naturopathy treatments from India did she start to feel better and then finally Ayurveda completely cured her.

Her journey started when her guru kept pushing her to do something as she said to him 'Gurudev I just know yoga and martial arts nothing else'. But finally with her guru's guidance, she ended up learning Energy healing or Quantum healing from master Nisha Chaturvedi and decided to get certified as an Energy Healer From Service Above Self, Houston Texas (USA) and studied Ayurveda Food, Nutrition and Lifestyle with Dr Richaritha Gundapali, Houston Texas (USA) and got Certified in Rejuvenation Exercise (Combination of Martial arts and yoga Sciences). During that time as her practice of 24 years of doing yoga and got certified in Adults and Children yoga from Yograj CP Hong Kong.

After all these certificates, she started healing her friends who saw her talent as a healer and she started to heal and guide them with Ayurveda food and nutrition diet

and that was when she decided to further her studies and in 2018 ended up in Kerala where her Intensive Training in Ayurveda started and educated in Pathology, Herbology, Medicine making, Management of disease, Ayurveda Massage, Ayurveda cooking, Ayurveda diet, Naadi Paresha, Children disease, Ayurveda Beauty. She got certified from Kerala Ayurveda Academy (India).



Now her work style is: she combines Quantum Healing with Ayurveda herbal remedies with ayurvedic diet according to your body type or doshas and Ayurvedic **natural medicine is recombined. Which in return becomes a very powerful combination of naturally curing a patient.**

She has helped children with weak lungs by healing them 2 times a week with natural Ayurvedic food recommendations and have completely revived their organs. She has healed Cancer patients by not letting the cancer spread and let their pitta in their body reduce and in return there slewing came down from there body. There are many diseases which she has cured naturally through healing and Ayurveda.

Here, she puts energy in the internal organs and slowly and gradually the organ comes back to normal and healthy state and gets healed a powerful healing technique which she develops through meditation a powerful sadhana she does every day.



She has psychic abilities, where she goes to past lives and tells her clients why they are suffering and then tells them their future by guiding them step by step on how they need to work and what is best for them in their life span, it's like awakening their soul.

She also does a 7 Soul Cycles reading, it is a reading like how old you are and how your energy works according to your age and guides them to put their best energy at this time as it is the best timing for them.

"Mastering your 7 yearly cycles and understanding your 7 Soul cycles are key to mastering the power of Timing and Rhythm. It is key to surfing towards your destiny." Master De Pe

She does home visit and Skype sessions in her first session and she will read your energy and can distinguish where the problem has occurred from and will then recommend healing sessions, Ayurvedic food plan and natural medication.

All her medications are from Kerala Ayurveda Ltd India, all completely natural.

A completely holistic way of improving your health with yoga meditation, martial arts, Quantum healing, Ayurveda and last as she calls herself a modern sage who has married a rich diamond man and has 3 children who live and believe completely in nature as we come from nature and nature can heal you.